

From Head to Heart Series™: Essential Thoughts and Habits of Highly Effective Teens

Dan Goddu

Tarfy Ministries

Email: dgoddu@tarfy.org

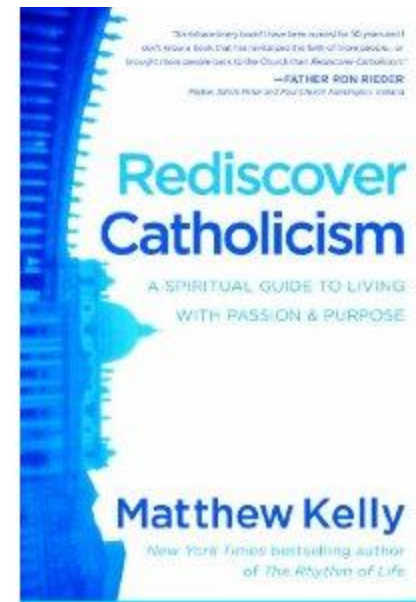
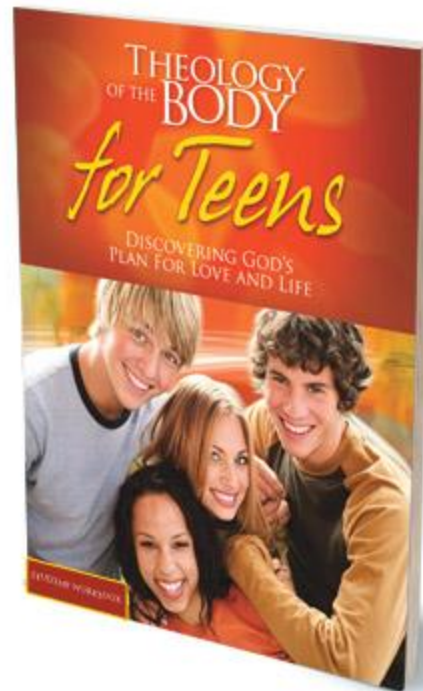
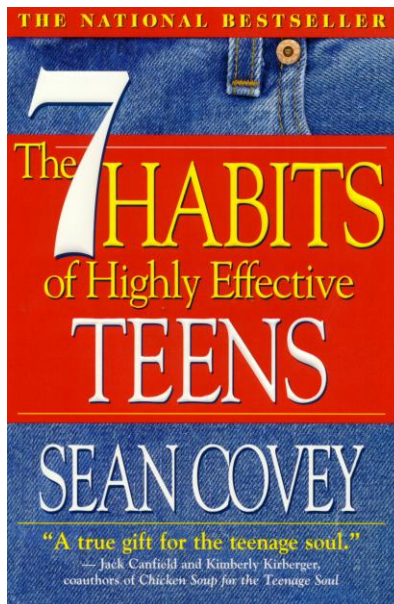
www.tarfy.org



Tarfy
Ministries™



Acknowledgments



Works and images of The 7 Habits of Highly Effective Teens® is a registered trademark of FranklinCovey © 1997. All Rights Reserved.
Works and images of Theology of the Body for Teens® is a registered trademark of Ascension Press . LLC © 2006. All Rights Reserved.
Works and Images of Rediscovering Catholicism © 2010. Matthew Kelly. All Rights Reserved.
Compilation of materials © 2008-2011. Taryl Ministries. All Rights Reserved.



Introduction

But this "intimate and vital bond of man to God" (GS 19,1) can be forgotten, overlooked, or even explicitly rejected by man.³ Such attitudes can have different causes: revolt against evil in the world; religious ignorance or indifference; the cares and riches of this world; the scandal of bad example on the part of believers; currents of thought hostile to religion; **finally, that attitude of sinful man which makes him hide from God out of fear and flee his call.**⁴

- Catechism of the Catholic Church (CCC) 29

What prevents most from relationship with God:
Hiding from God out of fear



Introduction

- Learn new thoughts & habits to:
 - Improve your self-image
 - Better communicate with your parents and peers
 - Learn effective ways to deal with conflict
 - Better understanding of God's original plan
 - Better understanding of God's will for you



What Makes Us Who We Are?

- What is a “paradigm”?
 - The way we see something; our point of view, frame of reference, or belief



What Makes Us Who We Are?

- Paradigms of Self
 - Take a personal inventory of who you are:
 - Family/ethnic/cultural background
 - Personality
 - Stresses in your family/home life
 - Economic
- Paradigms of Parenting
 - Autocratic: rule with an iron fist
 - Permissive: do what ever you want
 - Partnering: choices within boundaries
 - Question: How were your parents brought up?



What Makes Us Who We Are?

- Paradigms of Life – which one are you following?
 - Friend-centered
 - Stuff-centered
 - Boyfriend/girlfriend-centered
 - School-centered
 - Parent-centered
 - Principle-centered



The Center of the Universe



World History

- Prehistoric Man
- Ancient Civilizations
- Greeks and Romans
- Dark Ages
- Medieval World
- Renaissance and Reformation
- Enlightenment and Revolution
- Modern World
- Space Age



Salvation History

- Creation
- Fall
- Promise
- Prophecy
- Incarnation
- Redemption
- Sanctification
- Kingdom of God



HIStory

- Salvation History vs. World History
 - Two different histories in parallel paths?
- Salvation History *is* World History
- Redirection of human story back toward true destiny



What Makes Us Who We Are?

- Original Sin
 - God is not to be trusted
 - God is not a loving Father, but a tyrant, an enemy
 - One must defend oneself against God
- Tendency to sin – “concupiscence”

Original Sin: Attempt to abolish Fatherhood



Who Are We Supposed To Be?

- What does it mean to be human?
- What is the meaning of life?
- Who am I?
- Why did God make me male or female?



What Does It Take?

- Private Victory
 - We must fix ourselves first...
 - The place to make a change in your life is to start with yourself
- Public Victory
 - Understanding your circle of influence
- Be Principle-centered
 - Living with values



Long Road to Private Victory

- You're overly concerned about what others think.
- You cave into peer pressure.
- You wrestle with feelings of depression and inferiority.
- You act arrogant to help hide your insecurities.
- You self-destruct by getting heavily into drugs, alcohol, vandalism, gangs.
- You get jealous easily, especially when someone close to you succeeds.



Private Victory

- You stand up for yourself and resist peer pressure.
- You're not overly concerned about being popular.
- You see life as a generally positive experience
- You trust yourself.
- You are goal driven.
- You are happy for the successes of others.



Essential Thoughts and Habits – Part I: Who Are We?

- Habit 1: Begin with the End in Mind
 - Thought #1: Created for Love
 - Thought #2: Love Defined
 - Thought #3: Naked Without Shame
- Habit 2: Put First Things First
 - Thought #4: Hope and Redemption
 - Thought #5: Truth and Freedom
 - Thought #6: Language of the Body
 - Thought #7: Free, Total, Faithful, Fruitful



Essential Thoughts and Habits – Part II: How Do We Live?

- Habit 3: Seek First to Understand, Then Be Understood
- Habit 4: Find Your Vocation
 - Thought #8: Marriage
 - Thought #9: Celibacy
- Habit 5: Date with Purpose and Purity
- Habit 6: Synergize and Renew
 - Thought #10: Living the Good and Free Life
 - Thought #11: Being the “best-version-of-yourself”



Workshop Essentials

- Eight hour workshop – retreat format
- Prayer, music, videos, lecture, small group discussions and activities
 - Highly encouraged to integrate Mass, Eucharistic Adoration, and Confession into workshop
- Participants are seated at tables by gender; minimum 6 participants per table



Workshop Essentials

- One adult volunteer leader required at each table
 - Pre-workshop 1.5 hour training for adult volunteer leaders required and included in cost; conducted on evening before
- One to three teens for witness talks required
 - Pre-workshop online mentoring for selected teens required and included in cost
- Large room meeting space, adjacent to church/chapel
 - Large tables, screen, LCD projector, power cords



Workshop Essentials

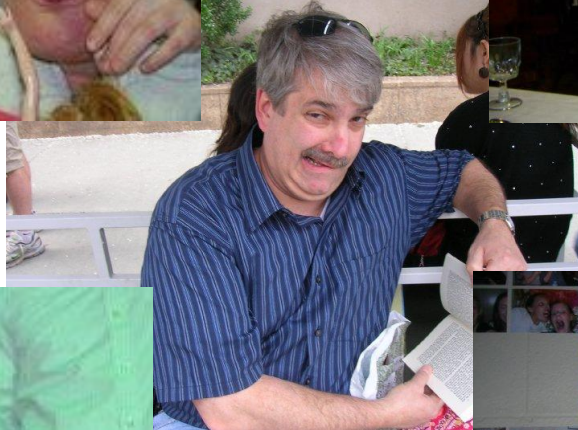
- Each participant receives
 - 7 Essential Habits of Highly Effective Teens
 - Workbook
 - Handbook of Prayers, Student Edition
 - Rosary
- Cost is \$39 per person
 - Traveling expenses not included but negotiable
 - Airfare or mileage
 - No costs for overnight stays
 - No per diem
 - No costs when site is within 2 hours driving time



Bio

- God-fearing Catholic husband and father; blogger; Theology of the Body (TOB) enthusiast; social conservative; IAABO member; former Boston Celtics STH; member of Red Sox Nation

Biography





Biography

Born in Peterborough, NH, Dan is a God-fearing Catholic husband and father. He is a graduate of Merrimack College and received a Certification in Youth Ministries from the Diocese of Manchester in 1999. A former volunteer director of Youth Ministries at St. Christopher Parish, Nashua, NH, Dan is now a part-time Youth Ministry Coordinator at St. Kathryn Parish in Hudson, NH. A Theology of the Body (TOB) enthusiast, social conservative, high school basketball referee, a former Boston Celtics season ticket holder and a member of Red Sox Nation.

Dan is married to his wife Joan of 23 years and have three children and one grandchild; they currently reside in Nashua, NH.



Biography

- Check out Dan's blog at:
<http://tarfy.blogspot.com>
- Follow him on Twitter: @DanGoddu
@TarfyMinistries
- Email Dan at dgoddu@tarfy.org

From Head to Heart Series™: Essential Thoughts and Habits of Highly Effective Teens

Dan Goddu

Tarfy Ministries

Email: dgoddu@tarfy.org

www.tarfy.org



Tarfy
Ministries™